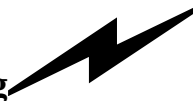




Central Bucks South Cheerleading Guidelines 2011-2012



COACH CONTACT INFORMATION

- Dallas: kmclaughlin@cbsd.org
- Kristie: kldstyle12@yahoo.com

PURPOSE

- To represent Central Bucks South High School
- To promote good sportsmanship
- To encourage crowd involvement and school spirit
- To create a unified squad, which supports all of its team members and coaching personnel

ATTENDANCE

- Attendance is required at:
 - fund-raisers
 - practices and meetings – **schedule appointments *around* cheer commitments**
 - games
 - competitions
- Participation is required if in attendance.
- Attendance is required even when injured.
- Missing more than half of a practice is considered missing an entire practice.
- Frequently showing up late or leaving early can lead to your removal from the team.
- Any cheerleader who quits during the season may not tryout for the next season.

Cheerleaders must notify coaches regarding ALL absences!!

Game Specifics

- To cheer at a game, you must be in school half of the day (by second block).
- College visits are excused absences by the school and do not affect athletics.

BEHAVIOR

- Respect the coaches and captains and their decisions.
- Cheerleaders should not smoke, drink, or take part in any behavior unbecoming of a CB South Cheerleader.

UNIFORMS AND APPEARANCE

- Come to practices and games prepared – sneakers, clothes, uniforms, bows etc...
- All uniform pieces will be worn to games as specified.
- All parts/uniforms will be worn to school on game days as agreed upon by the squad.
- No lending of uniforms or other “CB South Cheerleader” clothing.
- No jewelry worn at practices or games.
- Hair must be pulled back and tightly secured at practices and performances.
- Nails should be athletic length/ no fake nails.
- No gum/candy while participating in practices or games.
- Uniforms and poms should be returned to coach clean at the end of the season otherwise you will be charged for cleaning.



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TRANSPORTATION

- All cheerleaders are expected to ride the bus to and from games and competitions. Cheerleaders must turn in a note from a parent to ride home from a game or competition with his or her parent to the AD for approval at least 24 hours in advance (emergency only).

STRIKES

- For the 2011-2012 season cheerleaders will receive strikes for failure to comply with team rules.
- Strikes will accumulate for the entire season.
- If a cheerleader receives 10 strikes she will be removed from the team.
- Below is a list of reasons for strikes:
 - Missing practice (extended absences will be handled on an individual basis)
 - Coming to practice, but not participating
 - Failure to check-in at school (if requested)
 - Wearing the wrong article of clothing to school or tumbling
 - Forgetting any piece of your uniform to a game or practice
 - Arriving 10 minutes or more late to a game or practice
 - Fake nails & long real nails
 - Wearing jewelry at practice
 - Using cell phones during play of game

The guidelines above will be followed; however, please be informed that the coach has final say regarding all aspects of the cheerleading team.

Please read and sign below:

I have read the rules above and I agree that I will abide by these rules as long as I am a member of the CB South Cheerleading Squad. I promise to uphold the standards of the squad in a way that will always be a credit to my school. I realize that failure to comply with these rules can result in punishment: even my dismissal from the squad. I will accept the punishment dictated by the coaches.

Cheerleader Name (print) _____

Cheerleader Signature _____ Date: _____

Parent/Guardian Signature _____ Date: _____

**Please return the bottom of this page to Coach Dallas or Coach Kristie
by Monday, September 12th.**

Failure to return this form by the specified date will result in a strike.